

Shipping and posting information:

Because of overseas shipping requirements, we do not receive samples on Weekends or Bank Holidays Please ensure your samples are received by us no later than Friday Middyay.

Due to the nature of this specimen and its volume, you are not allowed to send this sample through the Royal Mail postal system. Please use the UPS service offered or another of your choice.

*For health and safety reasons, you must use all the packaging enclosed and seal each bag correctly before returning your samples.
Regenerus Laboratories reserves the right to dispose of any sample received which does not meet this criteria.*

Returning your samples in the UK via UPS

Enclosed you will find a return shipping label for our UPS courier service. Should you choose to use this service then you will be charged accordingly , details of which are separately enclosed.

Within the UK, UPS offer 3000 convenient drop off locations , this service means no waiting for couriers to arrive, we suggest you visit the UPS website at www.ups.com/dropoff. Alternatively the UPS home /office collection service normally offer a 4 hour collection window. Please see the enclosed shipping information sheet.

Track the status of your shipment, copy the tracking number on your shipping label and track its progress using the UPS website.

Regenerus Laboratories do not keep records of your tracking number.

Regenerus Laboratories Limited

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Regenerus Laboratories Limited

TEE-8

Fecal Heavy Metals

Before You Start:

Please read all of the directions, Inc shipping to familiarise yourself with the collection procedures. For three days prior to and until you complete the stool collection, suspend usage or consumption of the following substances:

Fish, and shellfish
Oyster shell calcium and dolomite supplements
Barium enemas
Bentonite clay
Mineral or Castor Oil
Rectal suppositories
Bismuth-containing medications (e.g. PeptoBismol / Indigestion products)
Antacids

Do NOT have dental amalgams installed or removed for three days prior to stool collection.

Never discontinue prescription medications without first consulting your physician or practitioner.

Verify Kit Contents:

- 1 Test requisition form
- 1 Collection container
- 1 Specimen h2O vial
- 1 Transport spoon
- 1 Disposable glove
- 1 Zip-lock bag with absorbent material
- 1 Return box, blue shipping bag and shipping label.

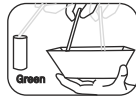
Retain original transport box to return sample in

If you are missing kit components, please call Regenerus Laboratories Customer Service department for assistance.

Collection Instructions:



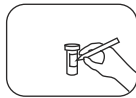
1) Collect your stool specimen into the collection container. *DO NOT* contaminate the specimen with either urine or water from the toilet.



2) Unscrew the cap on the specimen vial and fill the vial by taking multiple portions from different areas of the collection container with the transport spoon. Stop filling when the liquid reaches the fill line (35mL). *DO NOT* OVERFILL. Screw the cap on *tightly*.



3) Shake the specimen vial vigorously for approximately 30 seconds to mix the stool specimen with the water in the vial.



4) Write the patient's name, the date of collection, and patient's date of birth on the specimen vial. **The test cannot be performed without the patient information on the vial.**



5) Place the specimen vial into the zip-lock bag, then place the bag into the shipping box.



6) Fill out the test requisition form completely and sign it. Place the form into the packing box and close. Take the completed box and place into the reply bag. The specimen is now ready for shipment.

To obtain the best results, Doctor's Data recommends shipping specimens as soon as possible. If you cannot ship the specimen the same day you finish the collection such as over a weekend or holiday, put the bag containing the specimen vial into a refrigerator until you are ready to ship the test collection kit.

Consult your physician if you have any questions during the test collection process.