

Before You Start:

Please read all the directions and familiarise yourself with the collection procedure.

No special diet required.

Draw blood after overnight fast and before breakfast.

72 Hours prior to the specimen collection:

i) Avoid "non-essential" medications and dietary supplements, unless otherwise advised by your practitioner or physician.

ii) Never discontinue prescription medications without first consulting your doctor.

Phlebotomist: Use only the Blue Top trace element free tubes supplied in this package.

If drawing multiple tube collect the trace element free tubes last.

Verify Kit Contents

2 Potassium EDTA trace element free tube

1 Plastic transfer pipette

2 Clear plastic protective tubes

1 Zip lock bag

1 Test requisition form

1 Packing box

1 Blue Reply Envelope

1 UPS Return Label

Shipping and posting information:

Use packing provided for shipping.

Ship only Monday to Thursday

Do not post if the sample would be received either at a weekend or over a bank holiday.

For any question telephone us on +44203 750 0870.

If you are missing kit components, please call Regenerus Laboratories Customer Service department for assistance.

Collection Instructions

Draw the blood into the 2 trace element free tubes. Fill tubes completely (minimum 5ml per tube) Invert the vial at least 10 times, till mixed.

Write patient name, DOB and date of collection onto specimen vial.

Within 30 minutes of blood draw, centrifuge the sample for at least 15 minutes at min 1500 g's. Promptly remove the tubes when the centrifuge stops.

Remove caps off tubes and using the disposable pipette provided, remove and discard all the plasma, including white buffy layer.

Leave the cells on the bottom of the tubes (minimum of 2ml pack cells required per tube) and reseal tubes with original caps.

Complete requisition form completely (Including Section 3) and sign

Place tubes into clear plastic protective tubes and cap them.

Place both tubes into zip lock bag. Place contents into shipping box. Place the requisition form into the shipping box with sample and close lid.

Place shipping box into return bag, apply label and post. Specimen is now ready for shipment.

For best results Doctors Data the processing laboratory recommend shipping specimens as soon as possible. If you cannot ship the same day, hold the specimen in the freezer.

Return Sample to: Regenerus Laboratories,
Aero 14, Redhill Aerodrome, Kings Mill Lane, Redhill, RH1 5YP

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