

Shipping and posting information:

Because of overseas shipping requirements, we do not receive samples on Weekends or Bank Holidays Please ensure your samples are drawn Monday to Wednesday, and ensure the sample will be received at Regenerus Labs no later than Thursday.

For health and safety reasons, you must use all the packaging enclosed and seal each bag correctly before returning your samples.

Regenerus Laboratories reserves the right to dispose of any sample received which does not meet this criteria.

Returning your samples in the UK

For your convenience, we have enclosed a pre-paid return shipping label. Please stick this label to the front of your sealed shipping bag or package, and either take it to a UPS drop-off point or contact the day before shipping is required, UPS to arrange a collection. Call them on 03457877877, quote account number AR6636, and request a standard next-day delivery; give them your address and NOT the waybill number. (this will not exist in their system until it has been scanned)

Regenerus Laboratories do not keep records of your tracking number.

Should you need any assistance, please call +44 (0) 203 750 0870, or email info@regeneruslabs.com



SCIENCE + INSIGHT

A clinical laboratory providing innovative,
accurate specialty testing since 1972.

Telephone: +44 (0) 203 750 0870

Email: info@regeneruslabs.com

www.regeneruslabs.com

Aero 14, Kings Mill Lane, Redhill Surrey, RH1 5JY

Instructions for: CardioMetabolic Profile –

Before You Start:

Please read all of the directions and familiarise yourself with the collection procedures.

This test requires a single blood collection that is drawn before breakfast after an overnight (6 hour minimum) fast. Non-Fasting collections can cause deviations in patient results.

There are no special dietary requirements for this test unless otherwise instructed by your physician. Never discontinue prescription medications without first consulting your physician.

Phlebotomists: Hemolyzed serum is not acceptable for analysis

Verify Kit Contents:

- 1 Red-top blood collection tube (or Gold-top) for serum
- 1 8mL serum transfer vial with cap
- 1 Plastic transfer pipette
- 1 Zip-lock bag with absorbent material
- 1 Polar gel ice brix
- 1 Styrofoam insulating shell
- 1 Test requisition form
- 1 Pre-Paid Shipping Label
- 1 Blue return mailing bag

If you are missing kit components, please call Regenerus Laboratories Customer Service department for assistance.

*Save the cardboard collection kit box to ship your samples back to the laboratory.

Collection Instructions (fasting morning draw recommended):

- 1) Write the patient's name, date of birth and the collection date on the blood tube and the serum transfer vial. The test will not be performed without the patient information on the vial.
- 2) Draw blood into the supplied red-top (or gold-top) tube.
- 3) Place the tube upright and allow the blood to clot for at least 15 minutes.
- 4) Within 2 hours of collection, centrifuge the red-top (gold-top) tube for 15 minutes.
- 5) After centrifuging, use the transfer pipette to transfer the serum (top layer) to the 8mL transfer vial. A minimum of 2mL is recommended for analysis.
- 6) Discard the red-top(gold-top) blood tube and transfer pipette.
- 7) Place the transfer vial into the zip-lock bag with absorbent material and seal. Place the zip-lock bag and the gel ice brix into a freezer for at least 6 hours.
- 8) After a minimum of 6 hours, retrieve the zip-lock bag containing the serum and the Polar gel ice brix. Place both into the Styrofoam shell and seal. Place the Styrofoam into the cardboard shipping box.
- 9) Fill out the test requisition form completely and sign it. The test cannot be performed without a properly filled out requisition. Place the completed requisition form in the cardboard shipping box.

The specimen is now ready for shipment.

For best results, we recommend shipping specimens as soon as possible. If you cannot ship the specimen on the same day you finish the collection, such as over a weekend or holiday, put the transfer vial and the gel ice brix into a freezer until you are ready to ship the test collection kit, but no longer than 4 days.

Consult your practitioner or physician if you have any questions during the test collection