## **Shipping Instructions**

You will have a pre-paid Royal Mail Ist class Label included in your kit. Please place the label on the outside of your shipping box, and either place in a Post box or take to a main Post Office. The shipping address is direct to the analysing lab at:

Medical Diagnosis Regenerus) Laboratories Unit 12 Central Business Centre Iron Bridge Close Great Central Way London NW10 OUR

# Blood test Instructions Trauma Panel

regenerus labs

Enclosed: Check panel code against the following table to see what's included

Keep the box provided to return your sample in.

	BP024
	2 x Gold Top SST
	1 x Aliquot
	4 x Purple Top EDTA
	1 x Light Blue Citrate
Return Shipping Label	
Return Box	

When?: Book your blood to be drawn and collected Monday to Thursday only ensuring the next day is not a bank holiday or weekend in the UK.

#### Preparation

- Fast for 12 hours before your blood test
- Do not stop any medications or supplements without checking with your health care professional beforehand.

Where? You can choose any location you like to collect your blood, but some may require a "centrifuge" (see blood draw requirements opposite) on site as part of the blood separation process for partner sites that can help visit <a href="https://www.regeneruslabs.com">www.regeneruslabs.com</a>.

See shipping instructions overleaf

### **Blood Draw**

Please follow draw instructions below and invert each tube 8-10 times after completion of draw.

For BP024 draw 2 x Gold Top SST tubes.

• For all other panels tubes draw 1 x Light Blue, , then 4 x Purple, EDTA.

For Gold SST samples, stand for 15 minutes before centrifuging until serum sample is separated. (10 Min Swing Arm or 15 Min Fixed). For one Gold Top tube only remove the serum and pour off into the Aliquot tube.

• Sign and date requisition form

## Packing

**Phlebotomist Instruction** 

- Place all completed and labelled tubes into hazard bag and seal.
- Place bag into return shipping box with completed paperwork.
- Seal with security strip.
- This specimen is ready for shipping and must be dispatched same day.
- For your convenience, please find enclosed a Pre-Paid Shipping label. Please attach to the outside of the shipping box.

For assistance call 0203 750 0870