



Shipping Instructions

1. Ship specimens Monday through Friday. If you complete the collection on the weekend, hold the specimen until the following Monday to ship.
2. Ideally for a 3 day test collect samples on Friday, Saturday and Sunday and despatch on Monday. Always despatch the samples on the day or day after the last sample is collected and the last day of despatch must be a Wednesday.
3. Fill out the test requisition form.
4. Package up your kit. Place DAY 1 , DAY 2 and DAY 3 collection bags into the kit box. Place any unused vials (in collection bags) in the box. Place the Test Requisition into the kit box and close.
5. Please follow the instructions on the included "Returning your Specimen" sheet.



GI360™ Essentials

Before You Start:

Please read all of the directions and familiarise yourself with the collection procedures. The stool specimens for this test must be collected on three separate days. It is preferable, but not necessary, to collect on consecutive days but the final collection must be made within seven days of the first. If you are taking antifungal or antibiotic medications, please finish the course of medication, and then wait three days before starting this collection. Please refrain from taking digestive enzymes, antacids, and aspirin for two days prior to and during the specimen collection, unless otherwise instructed by your physician. Refrain from taking probiotic supplements for two weeks prior to specimen collection unless instructed otherwise by your physician. *Never discontinue prescription medications without first consulting your physician.*

Verify Kit Contents:

1x Test requisition form
1x Shipping label
3x Collection containers (nested together; separate before use)

Day One Bag:

Black-capped vial
Disposable glove
Absorbent material

Day Two Bag:

Black-capped vial
Disposable glove
Absorbent material

Day Three Bag:

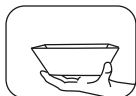
Black-capped vial
Yellow-capped vial
Disposable gloves
Absorbent material

- ② If you are missing kit components, please call Regenerus Customer Service department for assistance on +442037500870.
- ② The Black-capped and Yellow-capped vials are filled to the middle of the vial with a liquid preservative. **If the liquid levels fall below the middle of the vial or there is evidence of leakage, CALL Customer Service for assistance.**
- ② Save the cardboard collection kit box to ship your samples back to the laboratory. Leave the absorbent material in the zip lock bag. Do not put it in the specimen vial.

Caution: Avoid contact of the skin and eyes with the fluid in the vials. For eye contact, flush with water thoroughly for 15 minutes. For skin contact, wash thoroughly with soap and water. For accidental ingestion, contact your physician immediately.

Collection One:

Use the contents of the Day One bag.



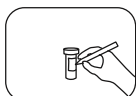
1) Collect your first stool specimen into the collection container. **DO NOT contaminate the specimen with either urine or water from the toilet.**



2) Unscrew the cap on the black-capped vial and, using the attached spoon, transport stool specimen into the vial. Take multiple portions from different areas of the collection container. Add stool until the total volume of stool and liquid reaches the fill line. **DO NOT OVERFILL.** Screw the cap on *tightly*.



3) Shake the black-capped vial vigorously for approximately 30 seconds to mix the stool specimen with the preservative in the vial.



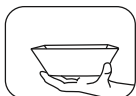
4) Write the patient's name, the date of collection, and patient's date of birth on the specimen vial. (You do not have to provide an ID#. The lab will assign one upon arrival). **The test cannot be performed without the patient information on the vial.**



5) Place the black-capped vial in the Day One zip-lock bag, then place the bag into the cardboard shipping box. Leave the box at room temperature.

Collection Two:

Use the contents of the Day Two bag.



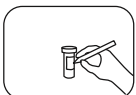
6) Collect your second stool specimen into the collection container. **DO NOT contaminate the specimen with either urine or water from the toilet.**



7) Unscrew the cap on the black-capped vial and, using the attached spoon, transport stool specimen into the vial. Take multiple portions from different areas of the collection container. Add stool until the total volume of stool and liquid reaches the fill line. **DO NOT OVERFILL.** Screw the cap on *tightly*.



8) Shake the black-capped vial vigorously for approximately 30 seconds to mix the stool specimens with the preservative in the vial.



9) Write the patient's name, the date of collection, and patient's date of birth on the specimen vial. (You do not have to provide an ID#. The lab will assign one upon arrival). **The test cannot be performed without the patient information on the vial.**



10) Place the black-capped vial into the Day Two zip-lock bag, then place the bag into the cardboard shipping box. Leave the box at room temperature.

Collection Three:

Use the contents of the Day Three bag.



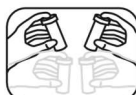
11) Collect your third stool specimen into the collection container. Remember not to contaminate the specimen with urine or water from the toilet.



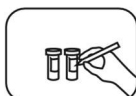
12) Unscrew the cap on the yellow-capped vial and, using the attached spoon, transport stool specimen into the vial. Take multiple portions from different areas of the collection container. Add stool until the total volume of stool and liquid reaches the fill line. **DO NOT OVERFILL.** Screw the cap on *tightly*.



13) Unscrew the cap on the black-capped vial and, using the attached spoon, transport stool specimen into the vial. Take multiple portions from different areas of the collection container. Add stool until the total volume of stool and liquid reaches the fill line. **DO NOT OVERFILL.** Screw the cap on *tightly*.



14) Shake both the yellow and black-capped vials vigorously for approximately 30 seconds to mix the stool specimens with the preservatives in the vials.



15) Write the patient's name, the date of collection, and patient's date of birth on both specimen vials. (You do not have to provide an ID#. The lab will assign one upon arrival). **The test cannot be performed without the patient information on the vials.**



16) Place both the yellow and black-capped vials into the Day Three zip-lock bag, then place the bag into the cardboard shipping box. Check to be sure that all of the bags and vials are in the box.



17) Fill out the test requisition form completely and sign it. **The test cannot be performed without the patient information on the vial and a properly filled out requisition.** Place the form in the cardboard shipping box. The specimens are now ready for shipment.

To obtain the best results, Regenerus recommends shipping specimens as soon as possible. If you cannot ship the specimens the same day you finish the collection, such as over a weekend or holiday, place the cardboard box containing the yellow and black-capped vials into a refrigerator until you are ready to ship the specimens.