

### Returning your samples

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- 1 – Place 1 or 2 aliquots in the biohazard bag, ensuring the lids are clicked shut tightly.
- 2 – Place the biohazard bag and requisition form in the box.
- 3 – Seal the box with the seal (or tape if seal not available)
- 4 – Place the pre-paid returns label on the box.
- 5 – Take the box to either a Post Office or place in a post box.

## Blood test Instructions

Immunosciences Lab



Keep the box provided to return your sample in.

All Test codes starting MS****	
	1 x Gold Top SST
	1 x 5ml Aliquot Tube
	Biohazard bag
	pipette
	Box seal
	Return Shipping Label
Return Box	

For assistance call 0203 750 0870

## Patient Information

### When

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Book your blood to be drawn and collected Monday to Wednesday only ensuring the next day is not a bank holiday or weekend in the UK.

### Preparation

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- No Fasting is required
- Do not freeze
- You do not need to stop any medication, supplements or avoid any foods in advance of the blood draw.

### Where

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You can choose any location you like to collect your blood, but some may not have a centrifuge which is required. For some assistance, please see 'Find a blood draw' on our website [regeneruslabs.com](https://www.regeneruslabs.com)

## Phlebotomist Instruction

### Blood Draw

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Please follow draw instructions below and invert each tube 8-10 times after completion of draw.

For ALL Immunoscience tests, draw 1 x Gold Top SST tube.

The gold SST needs to stand for 15 minutes before centrifuging until serum sample is separated. (10 Min Swing Arm or 15 Min Fixed).

Remove the serum and pour / pipette off into the aliquot tube. A minimum of 2ml s adult and 0.5mls for paediatrics of serum is required for these tests.

- Sign and date requisition form

### Packing

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- Place all completed and labelled tubes into hazard bag and seal.
- Place bag into return shipping box with completed paperwork.
- Seal with security strip.
- This specimen is ready for shipping and must be dispatched same day.
- For your convenience, please find enclosed a Pre-Paid Shipping label. Please attach to the outside of the shipping box.