

## Shipping Instructions UK ONLY

You will have a pre-paid Royal Mail 1st class Label included in your kit. Please place the label on the outside of your shipping box, and place in a Post box or take to a Royal Mail drop-off office. The shipping address is direct to the analysing lab at:

Medical Diagnosis (Regenerus) Laboratories  
Unit 12 Central Business Centre  
Iron Bridge Close  
Great Central Way  
London  
NW10 0UR

DO NOT SEND TO REGENERUS LABS IN REDHILL, THIS WILL MEAN THE SAMPLES WILL BE OUT OF DATE AND REJECTED

## Blood test Instructions Trussler Panel

regenerus labs



1. Please check the contents from the below table for your kit; if anything is missing, please contact us before booking your blood draw. Keep the box provided to return your sample in.
2. MINIMUM OF 12 HOURS OF FASTING IS REQUIRED BEFORE BLOOD COLLECTION
3. BLOOD DRAW ONLY TO BE BOOKED BETWEEN MONDAY TO THURSDAY MORNING
4. UK ONLY
5. MUST BE IN ANALYSING LAB WITHIN 24 HOURS OF THE DRAW; FAILURE TO DO SO IS LIKELY TO RESULT IN A REJECTION.

	BP033
	1 x Gold Top SST
	1 x Aliquot
	1 x Purple Top EDTA
	1 x Grey (NF)
	1 x pipette
Return Shipping Label	
Return Box	

## Patient Information

When?: Book your blood to be drawn and collected Monday to Thursday morning only ensuring the next day is not a bank holiday or weekend in the UK.

### Preparation

- Do not stop any medications or supplements without checking with your health care professional beforehand.
- Minimum 12 hour fasting is required

Where? You can choose any location you like to collect your blood, but some may not have a centrifuge (see blood draw requirements opposite) on site, which is required as part of the blood separation process. For partner sites that can help visit [www.regeneruslabs.com](http://www.regeneruslabs.com).

See shipping instructions overleaf

## Phlebotomist Instruction

### Blood Draw

Please follow draw instructions below and invert each tube 8-10 times after completion of draw.

For BP033 draw 1 x Gold Top SST tube, then the purple EDTA and the grey NF.

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For Gold SST samples, stand for 15 minutes before centrifuging until serum sample is separated. ( 10 Min Swing Arm or 15 Min Fixed). Remove the serum and pour off / pipette into the Aliquot tube. Ensure the aliquot tube is labelled with the patient name, date of birth and draw date, and discard the yellow SST. Ensure that the other 2 tubes are also labelled correctly, then sign and date requisition form.

### Packing

- Place all completed and labelled tubes into hazard bag and seal.
- Place bag into return shipping box with completed paperwork.
- Seal with security strip.
- This specimen is ready for shipping and must be dispatched same day.
- For your convenience, please find enclosed a Pre-Paid Shipping label. Please attach to the outside of the shipping box.

For assistance call 0203 750 0870 or email [info@regeneruslabs.com](mailto:info@regeneruslabs.com)