

Shipping Instructions

In advance:

Three working days prior to test, request a shipping label from Regenerus Labs on 02037500870 and make payment if not done so already.

Sample must be shipped the same day as the blood draw.
This will be emailed to you

One working day prior to test

Call FedEx – on 03456070809, Quote Acc 332776533

Request: “FedEx International Priority, Next Day Delivery”

Do not pay any further fees to FedEx.

Do check the latest pick up time and ensure it ties up with your blood draw timing.

Recod the tracking number from your shipping label.

On the day.

Ensure the blood specimen is labelled and packed according to Page 2.

All items must be placed into the box, with frozen cooler block.

Lab paperwork must be placed within the package.

Seal Box and place into FedEx shipping bag.

Place all FedEx waybill documentation into the external document pocket on the exterior of the FedEx shipping bag.

Code: EED04

Test Name: Glutathione;Erythrocytes



regenerus labs

Before You Start:

Please read all of the directions, and familiarize yourself with the collection procedures.

The test requires no special diet or fasting prior to collection. Please refrain from taking non-essential medications, and dietary supplements that contain glutathione for 72 hours prior to the specimen collection, unless otherwise instructed by your physician. Never discontinue prescription medications without first consulting your physician.

Important:

Only draw Blood Mon to Thursday

See careful shipping instructions on reverse.

Time specimen sensitive must received within 3 days of collection.

Phlebotomist Notes:

Tubes: Lavender-top EDTA tube

Processing: No special handling – Do Not Freeze

Rejection: < 5mL, frozen, hemolysis, clotted

Shipping/Stability: Send same day- overnight delivery

Verify Kit Contents

1 Polar gel ice brix

1 Styrofoam insulating shell

1 Lavender-top EDTA tube

1 Clear plastic protective tube

1 Zip-lock bag

1 Test requisition form

1 Fedex Clinical Bag

If you are missing kit components , please call Regenerus Lab's customer services team for assistance.

Save the cardboard collection kit box, to ship your sample back direct to the laboratory.

Collection Instructions

- 1) Before you draw the blood, place the gel ice brix into a freezer until frozen solid (usually about 6 hours).
- 2) Draw the blood into the supplied EDTA lavender-top tube. Fill the tube completely (minimum 5 ml) and invert 10 times to ensure mixing. DO NOT FREEZE THE SPECIMEN.
- 3) Write the patient's name, the date of collection, and patient's date of birth on the tube. The test cannot be performed without the patient information on the tube.
- 4) In the collection information section of the requisition form (located in the upper right hand corner) fill in the specimen collection date. Place the blood tube into the clear plastic protective tube and cap it. Place the tube into the zip-lock bag. Retrieve the gel ice brix and place into the bottom of the styrofoam insulation shell. Place the zip-lock bag containing the specimen on top of the gel ice brix. Close the shell and place it into the cardboard shipping box.

TIP: To more easily remove the cap on the clear plastic protective tube, rock the cap back and forth while pulling.

- 5) Fill out the test requisition form completely and sign it. The test cannot be performed without a properly filled out requisition. Place the completed requisition form in the cardboard shipping box. The specimen is now ready for shipment.

To obtain the best results, Doctor's Data recommends shipping specimens as soon as possible. The specimen must be shipped the same day it is collected. Clotted or frozen tubes are not acceptable and will require a redraw.