

Shipping Instructions

Shipping - UK only

Arrange in advance your nearest UPS drop off point by visiting www.ups.com/dropoff.

Note the latest drop off time.

Or

arrange a courier collection via UPS Telephone 03457 877 877

You must contact UPS at least one day before the day of your shipment..

Quote account number AR6636.

If the UPS is not convenient to your geographic location then you may use the Post Office.

The only service you must request is :
"Special Delivery 1pm"

The contents of your package will be no more than 40ml of stool which is less than the maximum of 50ml allowable via the Post Office

Return Address

Please return to the address listed on the label supplied in the test collection kit,

regenerus labs



GI Inflammation Check

Before You Start:

Please read all of the directions and familiarize yourself with the collection procedures. If you are taking antifungal or antibiotic medications, please finish the course of medication, and then wait three days before starting this collection. Please refrain from taking digestive enzymes, antacids, and aspirin for two days prior to and during the specimen collection, unless otherwise instructed by your physician. *Never discontinue prescription medications without first consulting your physician.*

DD016	
Test requisition form	Zip-lock bag with absorbent material
Polar Pack gel pack	
Collection container	
White-capped vial	
Disposable glove	
UPS Label and blue bag	
Return Box (same as the one the kit arrived in)	



Patient Information

When To obtain the best results, Doctor's Data recommends shipping specimens as soon as possible, but a maximum of 48 hours after stool collection.. If you cannot arrange shipping on the same day you finish the collection,(once sample is frozen) such as over a weekend or holiday keep the specimen frozen until you are ready to ship the test collection kit.

Shipping - Overseas Only

Please email info@regeneruslabs.com a minimum of 48 working hours before shipping is required, requesting a DHL return label in the subject of the email. We will then reply with further instructions. if you contact us after the 48 hour window we will try to arrange the shipping in time but we cannot guarantee it.

Stool Collection

Collection Instructions:

- 1) Collect your stool specimen into the collection container. DO NOT contaminate the specimen with either urine or water from the toilet.*
- 2) Unscrew the cap on the white-capped vial and, using the attached spoon, transport stool specimen into the vial. Take multiple portions from different areas of the collection container. Add stool until the total volume of stool reaches the fill line. DO NOT OVERFILL. Screw the cap on tightly.*
- 3) Write the patient's name, the date of collection, and patient's date of birth on the specimen vial. (You do not have to provide an ID#. The lab will assign one upon arrival). The test cannot be performed without the patient information on the vial.*
- 4) Place the white-capped vial into the bag and seal. Place the Polar-Pack gel pack into the pouch on the back of the bag. Place the bag into a freezer until frozen solid (usually about 6 hours).*
- 5) Retrieve the bag containing the frozen white capped vial and Polar-Pack gel pack from the freezer. Place the bag and its contents into the cardboard shipping box.*
- 6) Fill out the test requisition form completely and sign it. The test cannot be performed without a properly filled out requisition. Place the completed requisition form in the cardboard shipping box. The specimen is now ready for shipment.*

Packing

- Place labelled tube into zip lock bag and seal.
- Place bag into return shipping box with completed paperwork.
- Place the box in the blue bag, Seal with security strip and affix UPS pre-paid label.
- This specimen is ready for shipping and must be dispatched within 24 hours of collection.

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