



Shipping Instructions

1. Ship specimens Monday through Wednesday. If you complete the collection on the weekend, hold the specimen until the following Monday to ship.
2. Always despatch the sample on the day or day after the sample is collected and the last day of despatch must be a Wednesday.
3. Fill out the test requisition form.
4. Package up your kit. Place the collection bag into the kit box. Place the Test Requisition into the kit box and close.
5. Please follow the instructions on the included "Returning your Specimen" sheet.

GI360™ Microbiome



Before You Start:

Please read all of the directions and familiarise yourself with the collection procedures. If you are taking antifungal or antibiotic medications, please finish the course of medication, and then wait three days before starting this collection. Please refrain from taking digestive enzymes, antacids, and aspirin for two days prior to and during the specimen collection, unless otherwise instructed by your physician. Refrain from taking probiotic supplements for two weeks prior to specimen collection unless instructed otherwise by your physician. *Never discontinue prescription medications without first consulting your physician.*

Verify Kit Contents:

- 1x Test requisition form
- 1x Collection container
- 1x Yellow-capped vial
- 1x Disposable glove
- 1x Zip-lock bag with absorbent material
- 1x Shipping Label

- ② If you are missing kit components, please call Regenerus Customer Service department for assistance on +442037500870.
- ② The Black-capped and Yellow-capped vials are filled to the middle of the vial with a liquid preservative. **If the liquid levels fall below the middle of the vial or there is evidence of leakage, CALL Customer Service for assistance.**
- ② Save the cardboard collection kit box to ship your samples back to the laboratory. Leave the absorbent material in the zip lock bag. Do not put it in the specimen vial.

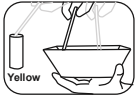
Caution: Avoid contact of the skin and eyes with the fluid in the vials. For eye contact, flush with water thoroughly for 15 minutes. For skin contact, wash thoroughly with soap and water. For accidental ingestion, contact your physician immediately.

Consult your physician if you have any questions during the test collection process.

Collection Instructions:



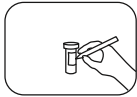
1) Collect your first stool specimen into the collection container. DO NOT contaminate the specimen with either urine or water from the toilet.



2) Unscrew the cap on the yellow-capped vial and, using the attached spoon, transport stool specimen into the vial. Take multiple portions from different areas of the collection container. Add stool until the total volume of stool and liquid reaches the fill line. DO NOT OVERFILL. Screw the cap on tightly.



3) Shake the yellow-capped vial vigorously for approximately 30 seconds to mix the stool specimen with the preservative in the vial.



4) Write the patient's name, the date of collection, and patient's date of birth on the specimen vial. (You do not have to provide an ID#. The lab will assign one upon arrival). The test cannot be performed without the patient information on the vial.



5) Place the yellow-capped vial in the zip-lock bag, then place the bag into the cardboard shipping box.



6) Fill out the test requisition form completely and sign it. The test cannot be performed without a properly filled out requisition. Place the form in the cardboard shipping box. The specimen is now ready for shipment.

If you cannot ship the specimen the same day you finish the collection, such as over a weekend or holiday, place the cardboard box containing the yellow-capped vial into a refrigerator until you are ready to ship the test collection kit.