

Shipping Instructions



Shipping - UK

Place the frozen sample, ice-pack and absorbent tissue in the silver thermos envelope. Place the thermos envelope along with the completed requisition form in the return bag and add the return shipping label to the clear pocket on the outside.

Please ensure you package your samples correctly (samples should be placed in a biohazard/ziplock bag, silver thermal bag then the shipping bag) failure to use all 3 layers of packaging may result in shipping rejection.

Please then follow the returns instructions on the separate document.



Mycotox Urine Collection



PLEASE ENSURE SAMPLES ARE FROZEN BEFORE DISPATCH

*If you are taking the medication methylene blue,
DO NOT submit sample until urine has returned to a
normal colour.*

Keep the silver bag provided to return your sample in. Check your kit content from below.

RT001

- Regenerus Labs requisition form
- Paper collection cone
- Biohazard Specimen bag with absorbent material
- Urine collection tube
- Return shipping label and shipping bag
- Silver thermos envelope
- Ice Block



Urine Collection

When?

- Collect your sample as **the first morning void of your bladder**, as this is when your urine will be the most concentrated.
- Collect your **first morning void of the bladder** in the paper cone, and then decant into the sample collection tube.
- Please collect Monday or Tuesday, returning the samples on the same day once frozen, or next day.
- Put the **Ice Brick** into your freezer and allow to freeze for about 6 hours prior to shipping.
- Label the sample collection tube with your name, date of birth and date and time of collection
- Sign and date requisition form, and ensure all requested information is completed.

Failure to label the sample correctly may result in rejection of the sample.

For assistance call 0203 750 0870 or email info@regeneruslabs.com.

Packing

- **PLEASE ENSURE THE VIAL CAP IS CLOSED FIRMLY.**
- Place the completed and labelled tube into hazard bag, with the ice Brick, and seal.
- Then place this in the freezer until frozen.
 - Place bag into the return shipping insulated bag with the completed paperwork.
 - Then place the insulated bag in the blue shipping bag and attach the return postal label.
- This specimen is ready for shipping and must be dispatched same day, as Regenerus Labs need to receive the sample within 3 days of collection.
- If you are unable to dispatch the sample within 24 hours of collection, leave the sample in the freezer and then dispatch the next available day, but no longer than 2 weeks.

Please now see the shipping instructions.