

**Mycotox Urine
Collection**



**PLEASE ENSURE SAMPLES ARE FROZEN
BEFORE DISPATCH**

Enclosed: Check your kit content from below:
Keep the box provided to return your sample in.

RT001
Regenerus Labs requisition form
Paper collection cone
Biohazard Specimen bag with absorbent material
Urine collection tube
Royal Mail return shipping label and shipping blue bag
Return shipping padded bag (bag that kit arrived in)
Ice Block

Patient Information

Urine Collection

When?

- Collect your sample as **the first morning void of your bladder**, as this is when your urine will be the most concentrated.
- Collect your **first morning void of the bladder** in the paper cone, and then decant into the sample collection tube.
- Please collect Monday or Tuesday, returning the samples on the same day once frozen, or next day.
- Put the **Ice Brick** into your freezer and allow to freeze for about 6 hours prior to shipping.
- Label the sample collection tube with your name, date of birth and date and time of collection
- Sign and date requisition form, and ensure all requested information is completed.

Failure to label the sample correctly may result in rejection of the sample.

Collection Instructions

Packing

- PLEASE ENSURE THE VIAL CAP IS CLOSED FIRMLY.
- Place the completed and labelled tube into hazard bag, with the ice Brick, and seal.
- Then place this in the freezer until frozen.
- Place bag into the return shipping insulated bag with the completed paperwork.
- Then place the insulated bag in the blue shipping bag and attach the return postal label.
- This specimen is ready for shipping and must be dispatched same day, as Regenerus Labs need to receive the sample within 3 days of collection.
- If you are unable to dispatch the sample within 24 hours of collection, leave the sample in the freezer and then dispatch the next available day, but no longer than 2 weeks.

For assistance call 0203 750 0870

Shipping

- You will then need to take the package to a Post Office or pop it into your local Post Box.

Results take around 10 working days from when the analysing laboratory in the USA, receive the