

## DUTCH comparison

Test Code	Test name	Included in test	Sample type	When to collect	How many samples
HOR30	complete	sex & adrenals	dried urine only	day 19-22	4 or 5
HOR31	sex metabolites	sex	dried urine only	day 19-22	4 or 5
HOR32	adrenals	adrenals	dried urine only	any	4 or 5
HOR33	cycle mapping	cycle	dried urine only	whole month	21 + 4
HOR34	cycle with complete	cycle, sex & adrenals	dried urine only	whole month + 1 day	21 + 4
HOR35	cycle with sex metabolites	cycle & sex	dried urine only	whole month	21
HOR36	cycle with adrenal	cycle & adrenal	dried urine only	whole month + 1 day	21 + 4
HOR43	Plus	sex, adrenals & CAR	dried urine & saliva	day 19-22	4 x U + 5 X S
HOR44	C.A.R.	Cortisol awakening response	saliva only	any	5
HOR45	Insomnia add-on to PLUS	insomnia only	saliva only	night of saliva	1
HOR46	cycle plus	sex, adrenals, cycle & CAR	dried urine & saliva	whole month + 1 day	21 + 4 U + 5 S